

Review of Best Practice and Documents for Scrutiny Inquiry- Carer Friendly Southampton

5th November 2020: Carers health, wellbeing and safety

Priorities with Inquiry Dates

<p>5th November</p> <p>1 Carers health, wellbeing and safety</p> <p>1.1 Time for yourself and isolation</p> <p>1.2 Health & wellbeing, including mental health needs</p> <p>1.3 Relationships support (family dynamics) and experience of loss</p>	<p>26th November</p> <p>2 Carers identification rights and recognition</p> <p>2.1 Role of professionals to identify</p> <p>2.2 Self-identity</p> <p>2.3 Planning for emergencies</p> <p>2.4 Access and quality of respite or replacement care: planned and unplanned breaks</p> <p>2.5 Assessments</p>	<p>7th January</p> <p>3 Access to information, advice and guidance</p> <p>3.1 Financial support and the DWP</p> <p>3.2 Access to practical support and help from the community</p> <p>3.3 Housing and adaptations issues</p>
<p>28 January</p> <p>4 Support to carers</p> <p>4.1 Access to health and social care services in the caring role</p> <p>4.2 Information advice and guidance for the caring role</p> <p>4.3 Support and training for a carer</p> <p>4.4 Experience and response to Covid-19</p>	<p>25 February</p> <p>5 Support in education and work</p> <p>5.1 Young carers protected and supported to learn and thrive</p> <p>5.2 Opportunities and challenges in work and education</p> <p>5.3 Access and availability for transport to support the caring role</p>	

Reviews

NHS Commitment to Carers Toolkit have provided the following as examples of best practice. Some meet more than one Scrutiny Inquiry topic.			
Local Authority	Priority (N ^o)	Brief description	Contact details
Devon County Council & Devon Carers	1.2 4.1	Carer Health Check – Carer can have a Wellbeing and Health check alongside their carer’s assessment – this can be completed by a GP or Devon Carers.	Health Check document here.
Carers in Southampton and Hertfordshire County Council	1.2	Herts Carer Passports and Southampton Carers Card, it provides identification and discounts across the county.	https://www.carersinsouthampton.co.uk/carers-cards Carers in Herts Webpage here.
Surrey County Council	1.2	Surrey have identified the following as best practice: professionals and services that young carers come into contact with should be more flexible and adaptive to the young carer’s life. Child and Adolescent Mental Health (CAMHS) service was mentioned as too formal and appointments were set at inconvenient times and locations.	
Sutton Council and Birmingham Carers Hub	1.3 3.3 4.2 4.3 5.2	Provision of advice and information on technology to help carers in their caring role and help cared for people maintain independence and / or keep safe. Free training courses. Access to courses run by the council.	https://www.sutton.gov.uk/info/200335/at_home/1076/staying_in_your_own_home/4 http://www.birminghamcarershub.org.uk/free-safe-moving-handling-training/